

# FRONTIER NEWSLETTER

## September 2024

### Principal Yang's Corner

Back to school night was a great success. Thank you for coming out to meet your child(ren)'s teacher and me.

So far, we've completed our beginning of the school year diagnostics and we started our WIN (What I Need) intervention cycles with students getting support or extension at their reading grade level. I've had the pleasure of visiting every classroom during this time and I am so proud of both students and staff as they are putting in so much effort to bring rigor and stay engaged!

### Join PTA

The cost is \$10. PTA funds help support classroom supplies, family events, and more. Parents, this is where you can show your support and school spirit. Scan the QR code to join today!



### PBIS CHARACTERISTIC OF THE MONTH: SAFETY

### Attendance Awareness Month



—September—  
Attendance Awareness Month

### 2024 Art Contest Theme: "Be Present, Be Powerful" (Details in flyer)

#### 2024 ATTENDANCE ART CONTEST

THE THEME OF THE POSTER IS "BE PRESENT, BE POWERFUL"

**TO ENTER:**  
Each poster MUST have a student's name, age, grade, and school listed to be considered. Students must turn artwork into school staff. Older/over-sized artwork will not be eligible.  
Artwork must be drawn on 8.5x11" white drawing paper (no lines).  
Figures must be drawn horizontally (landscape orientation).  
Artwork must be original (no computer-generated, trademarked, or copyrighted images can be used, i.e., Snoopy, SpongeBob, Dora the Explorer, etc.).  
You can use crayons, paint, markers, ink, pencils, chalk, cut paper, or fabric! Bright colors are best!  
A brief attendance message must be written on the artwork ("Being present..." can be the message but is not mandatory) Less text is better.

**PRIZES:**  
Winners will have their work posted on TRUSD website and media pages. Winners will receive two formal portraits of their artwork (One for the school site and another to take home). Additional Prizes will be awarded.

**DEADLINE:**  
The deadline to enter the contest is 4 p.m. on October 4, 2024 to CWA. Winners will be notified in October.

**SUBMISSIONS:**  
School staff must collect student artwork at submit by district mail or drop off entries to:  
ATTN: CWA, BAY C  
3155 DUDLEY BLVD.  
MCLLLAN, CA 95660

### Hispanic Heritage Awareness Month

We celebrate Hispanic Heritage Month (September 15 to October 15) to recognize the achievements and contributions of Hispanic American champions who have inspired others to achieve success. theme for 2024 is "Pioneers of Change: Shaping the Future Together."



### Breakfast Matters

#### SCHOOL BREAKFAST IS...

**BRAIN POWER FOR LEARNING**   **NUTRITION FOR GROWTH**   **FUEL FOR SPORTS AND PHYSICAL EDUCATION**

Kids are stronger with school breakfast. TeamNutrition.USA.gov

**MAKE BREAKFAST FIRST CLASS**

Not all children eat breakfast and those who do have irregular meals and increased absenteeism throughout the morning.

Children and adolescents who eat a gender-rich breakfast report lower hunger for up to 4 hours.

In the classroom, children participate across schools and institutions.

On average, students who participate in the School Breakfast Program eat a breakfast of higher nutritional quality than students who eat breakfast elsewhere.

More children participate in the School Breakfast Program if it is offered in the classroom. About 2 in 10 (20%) students who never participate in the School Breakfast Program say they would participate if offered breakfast in the classroom.

#### SEPT 2024 K-8 ELEMENTARY MENU

SCHOOL MEALS ARE AVAILABLE TO ALL STUDENTS AT NO CHARGE. Helped by the Oregon Dept. of Education and the National School Nutrition Program. For more information, visit <https://www.oregon.gov/DE/OSN/Pages/Menu.aspx>.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast:</b> Fruit Smoothie, Fresh Apple Slices <b>Lunch:</b> Chicken Curry Dog, Cheese Quesadilla, Chicken Nachos, Fruit Smoothie, Soft Drink, Apple Slices, Breaded Beans, Banana <b>Snack:</b> Fruit Smoothie, Fresh Apple Slices	<b>Breakfast:</b> Fruit Smoothie, Fresh Apple Slices <b>Lunch:</b> Beef Chopped Burger, Beef & Cheese Burrito, Fruit Smoothie, Soft Drink, Apple Slices, Breaded Beans, Banana <b>Snack:</b> Fruit Smoothie, Fresh Apple Slices	<b>Breakfast:</b> Fruit Smoothie, Fresh Apple Slices <b>Lunch:</b> Beef Chopped Burger, Beef & Cheese Burrito, Fruit Smoothie, Soft Drink, Apple Slices, Breaded Beans, Banana <b>Snack:</b> Fruit Smoothie, Fresh Apple Slices	<b>Breakfast:</b> Fruit Smoothie, Fresh Apple Slices <b>Lunch:</b> Beef Chopped Burger, Beef & Cheese Burrito, Fruit Smoothie, Soft Drink, Apple Slices, Breaded Beans, Banana <b>Snack:</b> Fruit Smoothie, Fresh Apple Slices	<b>Breakfast:</b> Fruit Smoothie, Fresh Apple Slices <b>Lunch:</b> Beef Chopped Burger, Beef & Cheese Burrito, Fruit Smoothie, Soft Drink, Apple Slices, Breaded Beans, Banana <b>Snack:</b> Fruit Smoothie, Fresh Apple Slices

**School Breakfast a Fresh Start to Your Day**  
Participating in school breakfast is a great way to start your day. It's a healthy and delicious meal that gives you the energy you need to learn and grow. School breakfast is a great way to start your day. It's a healthy and delicious meal that gives you the energy you need to learn and grow.

**Growing Up To Thrive!**

Contact Us: @TRUSDnutritionservices | <https://trusd.net/nutrition>

### UPCOMING EVENTS:

- Picture Day- 9/10
- Frontier Elem. Skate Night- 9/17 (@ Roller King)
- Basket Robbins Ice Cream Night-9/19
- Frontier Charter Skate Night- 9/25 (@ Roller King)

### STAFF OF THE MONTH:

Thank you for doing an amazing job each and everyday!

**MISS. AZEVEDO & MRS. RUSUL**